

RECEIVED JUN 8 - 1993

## CIAC CLASS M TRACK &amp; FIELD CHAMPIONSHIP MEET

## RESULTS

## BOYS' 5000 METER RUN

1. ALEX ZEMEK	TOLLAND	16:11.91
2. JASON LACHANCE	PLAINVILLE	16:15.11
3. ERIK KOWALKER	MIDDLETOWN	16:18.78
4. JASON THAYER	ELLIS	16:19.17
5. EVAN NICHOLS	ST. BERNARD	16:19.26
6. JOE CARPISASSI	POMERAUG	16:32.70

## BOYS' 4X100 METER RELAY

1. BLOOMFIELD	43.69
2. ST. BERNARD	45.13
3. MIDDLETOWN	45.55
4. ELI WHITNEY	45.59
5. MORGAN	45.61
6. WOLCOTT	45.70

## GIRLS' 4X100 METER RELAY

1. BLOOMFIELD	49.19
2. MIDDLETOWN	51.76
3. TOLLAND	52.08
4. HADD-KILLINGWTH	52.40
5. FARMINGTON	52.42
6. STONINGTON	52.45

## BOYS' 110 M HURDLES

1. ELLISTON WALKER	BASS	15.36
2. GYASI SEALS	BLOOMFIELD	15.83
3. RASHAAR COLLINS	MIDDLETOWN	15.96
4. LAWRENCE ALLGOOD	BASS	16.15
5. SCOTT ROBERTSON	DARIEN	16.35
6. AARON THORNTON	POMERAUG	16.39

## GIRLS' 100 M HURDLES

1. KATE BACCARD	BERLIN	15.96
2. JONI JENKINS	BLOOMFIELD	16.11
3. LINNIE GREEN	BLOOMFIELD	16.18
4. NADINE FORRESTER	MIDDLETOWN	16.88
5. LINDSEY HESCOCK	STONINGTON	16.91
6. SARAH SZCZEPANIK	BERLIN	17.06

## BOYS' 1600 METER RUN

1. BILL SCHALL	TOLLAND	4:32.21
2. TODD RICHARDSON	SHEEHAN	4:33.23
3. DAVID ROBINSON	PLAINVILLE	4:34.03
4. HANZ ZIMMERMAN	ST. BERNARD	4:34.47
5. VINNY CIOFFI	EO SMITH	4:41.15
6. JOHN BECKER	BUNNELL	4:43.30

## GIRLS' 1600 METER RUN

1. HADLEY FITZGERALD	AVON	5:22.16
2. TRICIA THORNTON	BLOOMFIELD	5:26.22
3. AMY PHILLIPS	HADD-KILWRT	5:26.81
4. LIZ CHACE	MIDDLETOWN	5:34.16
5. KAREN SMITH	RHAM	5:34.78
6. EJ WILNER	WAT	5:42.77

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BOYS' 100 METER DASH

1. BENNETT STREETS	ST. JOE	11.19
2. GARFIELD WHITE	BLOOMFIELD	11.22
3. GORDON SHEPPARD	PRINCE	11.38
4. TOM GARCIA	PLAINVILLE	11.49
5. JEFF CLOUD	FARMINGTON	11.53
6. TONY GREEN	STRATFORD	11.63

GIRLS' 100 METER DASH

1. TINA BALDWIN	BLOOMFIELD	12.75
2. TAKIMA HURST	BLOOMFIELD	12.96
3. SABRINA CURRY	BLOOMFIELD	13.21
4. GAYAN ANDERSON	BLOOMFIELD	13.25
5. KRISTIN MOCHNICK	FARMINGTON	13.36
6. KAREN BALDINO	WATERTOWN	13.48

BOYS' 400 METER DASH

1. JEROME YOUNG	PRINCE	47.66
2. KENROY SERGEANT	PRINCE	49.31
3. BRIAN CAGNO	BROOK	51.68
4. GYASI SEALS	BLOOMFIELD	51.77
5. SHAWN GRADZICKI	SHEEHAN	51.92
6. CHRIS ASHELY	ELI WHITNEY	52.81

GIRLS' 400 METER DASH

1. STEPHANIE LILLEJOHN	BLOOMFIELD	58.10
2. NATALIE SMITH	BLOOMFIELD	59.16
3. TRUDY NICHOLS	BLOOMFIELD	59.46
4. HALEY SUTMAN	STONINGTON	1:01.23
5. TALIA BROOKES	HADD-KILWTH	1:01.46
6. DONNA MC CLURE	TOLLAND	1:01.65

GIRLS' LONG JUMP

1. GAYAN ANDERSON	BLOOMFIELD	16' 10.5"
2. SARAH HOSKIN	TOLLAND	16' 9.5"
3. LINNIE GREEN	BLOOMFIELD	16' 3.25"
4. LINDSEY HESCOCK	STONINGTON	16' 2.75"
5. TRUDY NICHOLS	BLOOMFIELD	16' 2"
6. SARAH SZCZEPANIK	BERLIN	16' .5"

BOYS' DISCUS THROW

1. ERIC BARIBEAU	PLAINFIELD	137'
2. JARED GAGNE	WOLCOTT	131' 4"
3. JOHN HIBBARD	NEW FAIRFIELD	130' 5"
4. MIKE WELLS	N BEANFORD	130' 2"
5. RYAN BIDWELL	JOEL BARLOW	128' 4"
6. STEVE PAWLEK	SHEEHAN	122' 7"

## GIRLS' JAVELIN

1. ANN CROUSE	STONINGTON	133'6"
2. JANE GILLIS	AVON	116'3"
3. HEATHER VANICKY	HADD-KILLINGWRTH	98'0"
4. TAMI WILSON	BLOOMFIELD	97'5"
5. BRENDA MARQUIS	PLAINFIELD	93'6"
6. ERICKA BOKZYK	PLAINVILLE	93'6"

## GIRLS' SHOT PUT

1. AMY BORYSEWICZ	ROCKY HILL	32'9"
2. TAMI WILSON	BLOOMFIELD	32'6.5"
3. MICHELLE OLSEN	WATERFORD	31'11.5"
4. LAUREEN DABROWSKI	BERLIN	31'10.25"
5. JEN GANNON	HADD-KILLINGWRTH	31'9.25"
6. BRENDA MARQUIS	PLAINFIELD	31'8.5"

## BOYS' SHOT PUT

1. ADAM SALINA	BERLIN	51'11"
2. BRYAN REYNOLDS	SHEEHAN	47'11.25"
3. CHRIS BRADLEY	MIDDLETOWN	45'8.75"
4. JEFF BURR	MORGAN	45'6.5"
5. PETER BOUDO	TOLLAND	44'6.75"
6. JARED GAGNE	WOLCOTT	44'1"

## BOYS' 300 METER HURDLES

1. HECTOR COLON	BLOOMFIELD	40.33
2. ELLISON WALKER	BASS	43.27
3. MIKE REYNOLDS	EO SMITH	43.45
4. AARON THORNTON	POMERAUG	43.56
5. LAWRENCE ALLGROZ	BASS	43.64
6. WILLARD JAY	PLAINFIELD	43.71

## GIRLS' 300 METER HURDLES

1. SARAH SZCZEPANIK	BERLIN	48.59
2. NADINE FORRESTER	MIDDLETOWN	49.29
3. STEPHANIE FUREY	HADD-KILLWRTH	49.30
4. LAURA SEWELL	FARMINGTON	51.19
5. AMY FOUNTAIN	ENFIELD	51.75
6. DIANE SHANOFF	HADD-KILLWRTH	51.93

## BOYS' 800 METER RUN

1. BILL SCHALL	TOLLAND	2:00.23
2. DAVER ANDERSON	WATERFORD	2:00.67
3. JABBAR BELIN	MIDDLETOWN	2:01.24
4. TODD RICHARDSON	SHEEHAN	2:01.73
5. JASON SCHEMM	BROOKFIELD	2:02.83
6. ABDUL MUHAMMAND	BLOOMFIELD	2:03.24

GIRLS' 800 METER RUN

1. LIZ MUELLER	WATERFORD	2:13.58
2. MARY TILTON	RHAM	2:18.53
3. CINDY LAFRANCE	PLAINFIELD	2:28.87
4. CORIE COLGAN	NEW CANAAN	2:28.95
5. JANET MANARESI	AVON	2:28.99
6. MISSY STURGES	HADD-KILLWORTH	2:29.03

GIRLS' DISCUS THROW

1. CARLA CERINO	OLD SAYBROOK	108' 5"
2. ERICKA BOICZYK	PLAINVILLE	98' 11"
3. ANN CROUSE	STONINGTON	98' 7"
4. LAUREEN DABROWSKI	BERLIN	96' 11"
5. LISA CAMIRE	MIDDLETOWN	93' 7"
6. RACHEL NALBANDIAN	SHEEHAN	93' 2"

BOYS' LONG JUMP

1. CHRIS MANDIGO	NORTH BRANFORD	21' 9.5"
2. GORDON SHEPPARD	PRINCE TECH	21' 6"
3. DAVE WILCOX	ST BERNARD	21' 3"
4. CHARLES ALLEN	ELI WHITNEY	20' 11.5"
5. JEFF RAFFERTY	OLD SAYBROOK	20' 11"
6. JON RICHARDSON	BASSICK	20' 7"

BOYS' JAVELIN

1. KYLE HAIR	SHEEHAN	167' 7"
2. BRAD MOSHER	ENFIELD	164' 0"
3. MIKE FALCONE	STONINGTON	163' 10"
4. JODY BARR	PLAINFIELD	157' 11"
5. DAVID BOLDOC	STONINGTON	157' 8"
6. JAY FALCONE	STONINGTON	157' 2"

GIRLS' HIGH JUMP

1. KAREN STOKES	SEYMOUR	5' 4" 3
2. JULIE ARNOLD	STONINGTON	5' 4" 2
3. LINDSEY HESCOCK	STONINGTON	5' 2" 0
4. CRISSY VOUTHOUNES	ROCKY HILL	5' 2" 0
5. BERNADETTE DERRING	RHAM	5' 2" 0
6. BRANDY CRUTCHER	BARLOW	5' 2" 0

BOYS' POLE VULT

1. ROB MC AVENEY	NEW FAIRFIELD	13' 9.5"
2. DAVE FARRELL	PLAINFIELD	13' 0"
3. ORVILLE PALMER	MIDDLETOWN	12' 6"
4. SHAUN SUMMERS	JOEL BARLOW	12' 6"
5. MIKE FALCONE	STONINGTON	12' 0"
6. GREG GAGNE	WOLCOTT	12' 0"

CLASS M  
SOME REC.

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## BOYS' 200 METER DASH

1. KENROY SERGEANT	PRINCE	22.58
2. GARFIELD WHITE	BLOOMFIELD	22.84
3. BENNETT STREETS	ST JOE	23.16
4. GORDON SHEPPARD	PRINCE	23.24
5. TOM GARCIA	PLAINVILLE	23.51
6. DWAYNE BATES	BROOKFIELD	23.51

## GIRLS' 200 METER DASH

1. STEPHANIE LITTLEJOHN	BLOOMFIELD	25.55
2. TINA BALDWIN	BLOOMFIELD	25.79
3. TAKIMA HURST	BLOOMFIELD	26.67
4. NATALIE SMITH	BLOOMFIELD	27.15
5. KRISTIN MOCHNICK	FARMINGTON	27.52
6. ALISHA SCOTT	BLOOMFIELD	27.77

## GIRLS' 3200 METER RUN

1. MEREDITH KALISH	DARIEN	11:45.92
2. JENNIFER CONNOR	EAST CATHOLIC	11:50.63
3. HADLEY FITZGERALD	AVON	11:53.09
4. KIM STOPPER	WATERTOWN	11:53.74
5. COURTNEY BELLOWS	EO SMITH	12:00.85
6. DORINDA FENERO	EO SMITH	12:09.57

## BOYS' 3200 METER RUN

1. JASON LACHANCE	PLAINVILLE	10:06.00
2. ERIK KOWALKER	MIDDLETOWN	10:08.16
3. MIKE TEGELER	POMERAUG	10:09.56
4. CARLOS SANTIAGO	PRINCE	10:22.27
5. JEFF GASCOIGNE	ST JOE	10:24.60
6. VINNY CIOFFI	EO SMITH	10:25.27

## GIRLS' 4X400 METER RELAY

1. BLOOMFIELD	4:04.39
2. WATERFORD	4:13.20
3. HADD-KILLWTH	4:15.89
4. STONINGTON	4:17.48
5. TOLLAND	4:19.54
6. <del>AVON</del>	<del>4:24.89</del>

*Sud  
 Barlow  
 4:23:51*

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## GIRLS' TEAM SCORES

BLOOMFIELD	153
STONINGTON	45
HADDAM-KILLINGWORTH	34
BERLIN	30
AVON	27
MIDDLETOWN	26
WATERFORD	25
TOLLAND	17
ROCKY HILL	14
RHAM	12
FARMINGTON	10
OLD SAYBROOK	10
DARIEN	10
SLYMOUR	10
PLAINFIELD	9
PLAINVILLE	9
EAST CATHOLIC	8
WATERTOWN	5
NEW CANAAN	4
EO SMITH	3
ENFIELD	2
SHEEHAN	1
JOEL BARLOW	1

## BOYS' TEAM SCORES

PRINCE TECH	66
BLOOMFIELD	57
MIDDLETOWN	50
TOLLAND	44
SHEEHAN	43
BASSICK	31
PLAINVILLE	29.5
PLANFIELD	23
ST BERNARD	21.75
POMPERAUG	20
ST JOSEPH	19.75
NEW FAIRFIELD	16
NORTH BRANFORD	14
STRATFORD	12.75
JOEL BARLOW	12
WOLCOTT	11
STONINGTON	11
WATERFORD	10.75
BROOKFIELD	10.5
BERLIN	10
EO SMITH	9
ELI WHITNEY	9
ENFIELD	8
MORGAN	6
ELLIS TECH	4
BUNNELL	3
DARIEN	2
FARMINGTON	2
OLD SAYBROOK	2

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TRIPLE JUMP

1. SHAWN GRODZICKI	SHEEHAN	43' .5"
2. ERIK BARTLETT	TOLLAND	42' 9.5'
3. JON RICHARDSON	BASSICK	42' .5"
4. ROMAN CEBULSKI	JOEL BARLOW	41' 10"
5. LOUIS BOOKER	BUNNELL	41' 5.25'
6. STEVE BROWN	WATERFORD	41' 3.25"

BOYS' 4X400 METER RELAY

1. PRINCE	3:24.38
2. BLOOMFIELD	3:29.36
3. MIDDLETOWN	3:33.33
4. TOLLAND	3:33.97
6. JOEL BARLOW	3:35.53
6. BROOKFIELD	3:36.99

BOYS' HIGH JUMP

1. ANDRE ST. CLAIR	STRATFORD	6' 2"
2. RON CLARK	POMPERAUG	6' 2"
3. ANDY CHARLES	PRINCE TECH	6' 2"
4. KEVIN KARNKALL	STRATFORD	5' 10"
4. JON SECCHIAROLI	WATERFORD	5' 10"
4. BRIAN PROLEAU	ST JOE	5' 10"
4. DAVE WILCOX	ST BERNARD	5' 10"